

# OUR COMMITMENT TO YOU

Our Survivors Support Service is available to anyone aged 13 and over and we are committed to ensuring our services are accessible regardless of gender, race/ethnic origin, religious belief, disability, marital status or sexual orientation.

We believe in you having a choice and can provide you with information and support to help you make informed decisions about your future.

## USEFUL CONTACT NUMBERS

**Survivors Support Service**  
Telephone: 0115 950 8713  
[survivorssupportservice@nottssvss.org.uk](mailto:survivorssupportservice@nottssvss.org.uk)

## Notts SVS Services Counselling Line

Monday & Tuesday  
4pm - 7.30pm  
Thursday, Friday & Saturday  
10am - 1pm

Telephone : 0115 941 0440  
[support@nottssvss.org.uk](mailto:support@nottssvss.org.uk)  
[www.nottssvss.org.uk](http://www.nottssvss.org.uk)

NOTTS  
SVS  
SERVICES

LISTEN  
BELIEVE  
SUPPORT

## USEFUL CONTACTS

PHONE: 0115 950 8713

EMAIL: [survivorssupportservice@nottssvss.org.uk](mailto:survivorssupportservice@nottssvss.org.uk)

## LIST OF BOOKS TO READ

### ON CHILDHOOD SEXUAL ABUSE:

**'Beginning to Heal'**

by E Bass & L Davis

**'The Courage to Heal'**

by E Bass & L Davis

**'Rescuing the Inner Child'**

by P Parkes

**'The Sexual Healing Journey'**

by W Maltz

### THIS PROJECT IS SUPPORTED BY:



Nottingham  
City Council

supported by



Nottinghamshire  
County Council

NOTTS  
SVS  
SERVICES

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BELIEVE  
SUPPORT



## NOTTINGHAMSHIRE SEXUAL VIOLENCE SUPPORT SERVICES

30 CHAUCER STREET, NOTTINGHAM, NG1 5LP

TELEPHONE | 0115 947 0064

HELPLINE | 0115 941 0440

EMAIL | [SUPPORT@NOTTSSVSS.ORG.UK](mailto:SUPPORT@NOTTSSVSS.ORG.UK)

WEB | [WWW.NOTTSSVSS.ORG.UK](http://WWW.NOTTSSVSS.ORG.UK)

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SURVIVORS SUPPORT  
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SUPPORT FOR SURVIVORS OF INSTITUTIONAL  
CHILD SEXUAL ABUSE AGED 13 AND OVER

[WWW.NOTTSSVSS.ORG.UK](http://WWW.NOTTSSVSS.ORG.UK)



## THE SURVIVORS SUPPORT SERVICE

The Survivors Support Service offers specialist support to anyone aged 13 years and over who is a survivor of recent or non-recent institutional child sexual abuse.

### **What does institutional mean?**

We are here to support anyone who was sexually abused in an institutional setting. These might be:

- A care home
- A school
- A hospital/medical setting
- A religious organisation
- A voluntary or state organisation

We are also able to support anyone who has been sexually abused and reported this to a person in authority for example, a police officer, social worker or a teacher, who then ignored the report or did not act upon it properly.

## INDEPENDENT INQUIRY INTO CHILD SEXUAL ABUSE (IICSA) TRUTH PROJECT

IICSA was set up to look at ways organisations in England and Wales have failed to protect children from sexual abuse. The Truth Project gives people who have experienced child sexual abuse the opportunity to share their views and experiences in a supportive and confidential setting, and IICSA will provide support while Survivors share their experiences.

The Survivors Support Service will work alongside the Truth Project, offering additional support for those who have been or who are currently participating in the Truth Project or may do so in the future.

We understand that survivors may not want to participate in the Truth Project and we will support all survivors regardless of their involvement with the Inquiry.

## WHAT CAN YOUR SUPPORT WORKER OFFER YOU?

Our specialised support workers will work with you to enable you to exercise greater choice and control in all aspects of your life. We will help you experience improved health and wellbeing by:

- gaining appropriate access to health and other services,
- developing coping strategies to better manage your mental health and emotional wellbeing, including any substance misuse.
- working within a multi-agency setting, providing a tailored response to your needs,
- offering appropriate information and support to include emotional health, options exploration, and timely access to other partner agencies, such as housing, immigration, welfare benefits, education and physical wellbeing. We will actively work with other agencies to improve multi-agency responses to you.
- supporting you through the Criminal Justice System, if you have reported to the Police.